

2010 BED RACE RULES & REGULATIONS

1. Bed Design

- Beds should measure at least 3 feet by 6 feet but no more than 6 feet by 8 feet, handles included.
- Beds should include a "mattress".
- Beds should be designed with no more than four functional wheels making contact with the road surface at all times.

2. The Racing Teams

- Racing Teams shall consist of one rider, four runners/pushers and one alternate.
- Yes, you really must be an adult to participate. All team members must be at least 18 years old.
- Teams will be divided into three divisions: Women's, Men's and Co-Ed. Co-ed teams must include at least one female pusher who crosses the finish line on foot. Note: Men's teams may have a female rider and women's teams may have a male rider. All teams, to be considered for time related prizes, must have all four pushers and at least one rider, cross the finish line.

3. Safety

- All Bed Racers **MUST** sign the Waiver of Liability and acknowledgement of the Bed Race Rules and Regulations before participating in the race.
- Racers are responsible for their own insurance.
- All teams should be properly attired.
- All runners/pushers should wear athletic shoes suitable for street running.
- Bed riders must be appropriately outfitted with safety gear.

4. During the Race

- Bed riders must sit or lay flat on the bed.
- All runners/pushers must be in control of the bed until it comes to a complete stop.
- Teams shouldn't interfere or impede the progress of an opposing team.

5. The Course



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All teams are encouraged to stay for the Awards Ceremony & After-Party at Hogs Breath Saloon
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6. Awards

- a. Awards will be given to the teams with the fastest time in each racing division: Women, Men & Co-ed.
- b. All team times will be combined and an award will be given to overall fastest team.
- c. Additional awards will also be given for the following:
 - i. Golden Spring Award – Best Bed Design, impressive and imaginative!
 - ii. Most Outrageous Bed – It might not be pretty, but definitely memorable!
 - iii. Broken Spring Award – This is the “What were they thinking?” award.
 - iv. Peoples Choice Award – As determined by the public on the day of the race.